

Mother Teresa Catholic Primary School



The Active Streets for Schools program is an extension of the Ride or Walk to School program to make the environment around schools safer to ride, walk, scooter or skate to and from school.

Physically active children are healthier, happier and more socially connected than children who have more sedentary lifestyles. Walking or riding to school is a fun way to travel to and from school and helps to alleviate the traffic congestion created by families dropping off and collecting children.

The Active Streets program supports schools by making active travel infrastructure improvements, including new and upgraded footpaths, refuge islands, children's crossings, traffic calming and wayfinding stencils.

The program also provides educational resources, including a map for each school.



WAYFINDING SIGNAGE

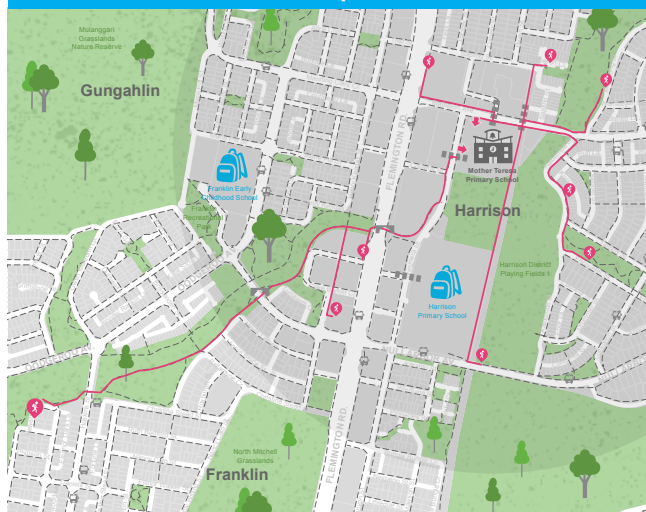
Blue stencils have been installed along paths to provide wayfinding signage to Mother Teresa Catholic Primary School. The stencils give families the peace of mind that the route to school is safe and easy to follow.

Mother Teresa Catholic Primary's Ride or Walk to School map should be used with the stencils to teach children safe routes to school.

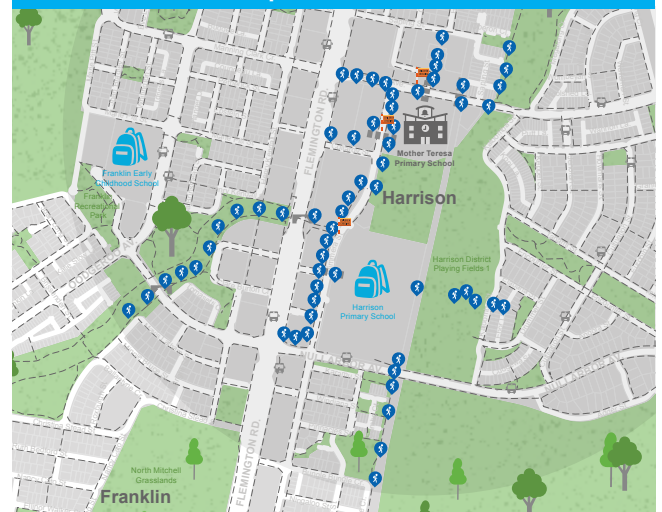
The stencils promote:

- safe crossing locations (e.g. underpasses, dedicated crossings, traffic signals, refuge islands)
- a safety in numbers approach by encouraging families to use similar routes
- active school environments, which generate awareness within the community and encourage motorists to slow down.

Ride or Walk to School map



Stencil location map





PART WAY POINTS

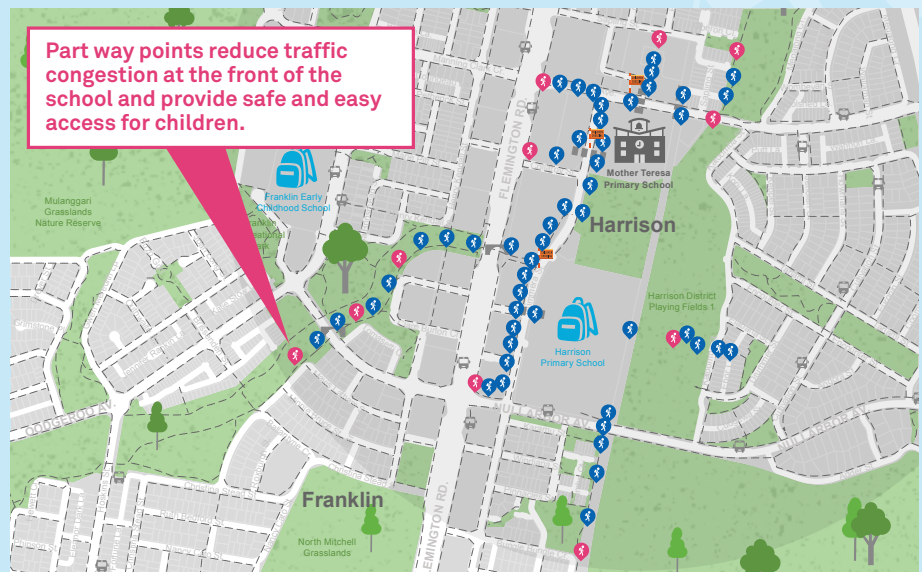
Part way drop off and collection points provide a safe alternative to using the school carpark. From these points, children can easily walk or ride the rest of the way to and from school.

Part way points are useful for families that live too far away to walk or ride the entire way.

Benefits include:

- active and healthy children
- reduced traffic congestion around the school
- increased safety at the school, with less cars on the road and more active communities.

The map below shows how part way points can be used with the wayfinding stencils. Some carparks near Active Streets schools have signage to promote part way points. Families are encouraged to locate their own part way points along the stencilled routes, and remember... **Part way is OK!**



USEFUL TIPS



Active travel is a fun, safe and healthy way for children to travel to school. Some useful tips to set children up for independent active travel are:

- walk or ride with children to show them the best route
- talk to other parents and set up a walking or riding group with other children in the area
- teach children how to cross roads safely, using crossings and underpasses where possible
- teach children what to do in case of an emergency (key people to contact or where to go)
- use the Active Streets resources on the Transport Canberra website (e.g. last one out/first one in checklists and what do I do if cards).



More information

The Transport Canberra website has more information about Active Streets, including a digital map of the stencilled routes and the Ride or Walk to School maps.

transport.act.gov.au