

Canberra has an excellent network of shared use paths, on-road cycling lanes and free bicycle parking facilities.

The ACT Government is committed to encouraging healthier and more sustainable transport. Walking, rolling and riding to work or study can help you find the recommended thirty minutes of exercise required for good health and will help reduce greenhouse gas emissions generated by cars.

Bike and Bus / Light Rail

A bicycle can be loaded onto Transport Canberra's bus racks, or taken on board the Light Rail - you and your bicycle travel for the cost of your fare.

Transport Canberra's website has a journey planner which can be used to help plan walking, cycling and public transport trips (www.transport.act.gov.au).

Bicycles and scooters can be parked for free at bike cages and rails which are next to many of the stops on Transport Canberra's *RAPID* routes.

Cycling directions

For online information about on and off road cycle paths visit **www.transport.act.gov.au**

Share the path

People riding must give way to people walking on all paths. People walking should look out for people riding and give them space to pass. People walking and riding should keep left on paths and pass others by overtaking on the right. Riders should warn others of their approach by sounding their bell. Dogs should be on a leash on all paths. Extra care should also be taken around horses, as they can be frightened by bells.

Be safe

Please ride safely and courteously on our paths.



Obey all road rules.



Stop at red lights and stop signs.



Wear an approved safety helmet when riding.



Ride a bike with a bell, a red rear reflector, a headlight and a tail light.

For more information on cyclist safety and helpful hints visit www.transport.act.gov.au



You can find the ACT road rules at cityservices.act.gov.au/roads-and-paths/road-safety

Routes and other information is current when printed. Be mindful that conditions and access may be disrupted.







Your guide to walking & cycling in the Parliamentary Zone

Effective December 2023







Walking and cycling in the Parliamentary Zone

Routes and paths

Principal route - on-road link

Bike route number

On road lane

---- Main route - on-road link

---- Local route - on-road link

Local route

Bicentennial National Trail

Canberra Centenary Trail

Recreational, mountain



District Playing Fields

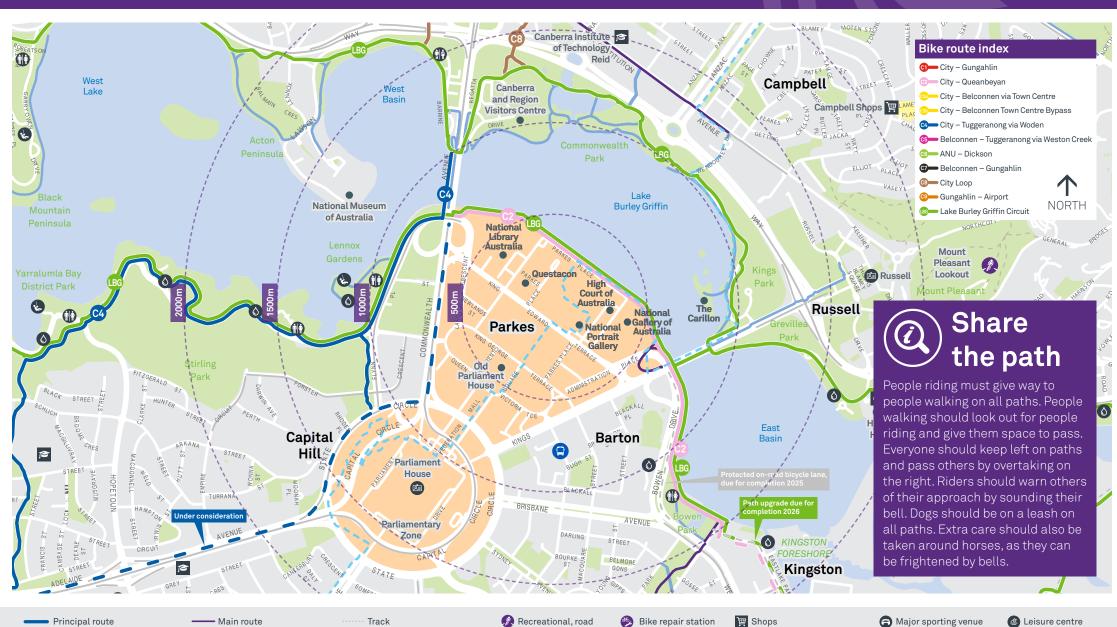
Playing Field Complex

District park

O Drinking fountain

Commercial centre

Public toilet



Recreational, family

Bike cage

Park and Pedal

Bus interchange

Light Rail stop

Hospital

Employment centre

School/Tertiary Institution

Industrial area