

DROP OFF A SMALL DISTANCE FROM SCHOOL. PART WAY IS OK TOO.

Drop off at part way points. You'll save time and avoid congestion.

DRAW YOUR NROUTE FROM HOME TO SCHOOL

Footpath

Part way drop off point

Part way route

School entry points

Bus stop



Underpass

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adult until they are competent to independently travel to and from school. Riding and walking with siblings or in groups is It is highly recommended that children are accompanied by an such information.

also recommended.

For more advanced walking and riding drop off points near your school please visit:

goodhabitsforlife.act.gov.au/ride-or-walk-to-school







In a busy household it can be hard to make changes that suit everyone. Try and work out a schedule together to incorporate riding or walking to school.

START SMALL; YOU DON'T HAVE TO WALK OR RIDE EVERY DAY

TIP 1: WALK OR RIDE WITH FRIENDS OR FAMILY --MEET THEM ON THE WAY



We walked with our daughter to school when she first started. When she got older and knew the rules we walked with her part way then let her go alone. It was just a natural

Part Way is Ok

If you live too far from your school to walk or ride the whole way, part way is ok too.

Check out the part way drop off points identified on this map.

- Park and walk the rest of the way as a family, on your own or in a group.
- Nominate a time to meet other people who can walk with you from a part way drop off point.

Walking part way to school will help students get more physical activity into their day, arrive at school more alert and reduce traffic congestion around the school.

Parents can miss the drop off and pick up traffic too.

READY-TO-GO Checklist

Prepare your child for independent travel. Talk about safety and road rules by reading the *Be Safe* section below. Use this checklist to ensure your child:

- 🗹 Knows the road rules.
- \checkmark Knows the way to and from school.
- \checkmark Has walked/ridden the route with family before.
- \checkmark Knows what to do in an emergency.
- Knows their bike is in good working order and they have a helmet.

Be Safe on the way there

- Don't use headphones so you can hear what is happening around you.
- ★ Be careful around driveways, look out for reversing cars.
- Stop, look, listen and think before you cross any road.
- Use crossings where available and always check for cars (they may not always stop).
- ✗ Don't speak to people you don't know.
- ★ Call triple zero (000) in an emergency.
- ✗ Wear your helmet when riding your bike or scooter.

For more tips visit www.constablekenny.org.au

HELP KEEP CHILDREN SAFE BY FOLLOWING THE ROAD RULES

- Obey the speed limit, especially in school zones,
- Model safe behaviour for your child they will learn from you.
- Fark safely and legally even if it means walking further to the school gate.

TIP 2: CATCHING THE BUS TO SCHOOL IS <u>A FUN</u> WAY TO TRAVEL WITH FRIENDS

USE GOOGLE MAPS TO CUSTOMISE YOUR OWN WALKING OR RIDING ROUTE

- Select the directions icon right in the Google Maps search bar.
- **2** Put your home address in point A (*it may already say your location*).
- 3 Put your school in point B (Aranda Primary School).
- ★ You can alter the chosen route by selecting one of the other route options.
- 4 The distance and time are shown next to the route option. Selecting a route will give step-by-step directions.
- **5** Don't forget to do a practice run on the weekend.

TIP 3: TRY PREPARING LUNCH AND PACKING SCHOOL BAGS THE NIGHT BEFORE



We're a busy family so we try and work out together when the kids can walk or ride—sometimes it's

